

Ultimate Gut Reset

Extreme Sensitivity

(2-4 Weeks) Start Mineral Balancing Prior to Step 2 protocol



**Valence
Cal-Mag Fusion**

Start with 1 capsule to assess tolerance and increase to 1 capsule (3x/day) to support cellular energy production and micronutrient needs.

**Use code AWAKEN to
save 5%**



**Valence
Kelp Max**

1 capsule (1x/day) to support cellular energy production and micronutrient needs.

**Use code AWAKEN to
save 5%**



Cellcore CT-Minerals

Start with 1 capsule per day to assess tolerance and increase to 1 capsule (2x/day) to support cellular energy production and micronutrient needs.